## Virtual HEALTH SUMMIT

Dates: June 19 & July 31\*

Time: 8:00 a.m. to 2:00 p.m.

**Theme:** Finding Your Joy in Turbulent Times.

Register Now: bit.ly/2TyioCR

Contact: wellness@ocfl.net

\* The schedule is the same for both dates, and supervisor approval is required.

## Why Attend?

- Gain insight and learn about valuable tools and resources that will help you thrive
- Hear from and engage with top physicians from AdventHealth
- Earn 10 points per session attended (max 40 points) toward your myOCWellness goal for attending



