

Social Wellness Goals



GOAL	REPORTING	POINTS	MAXIMUM
<p>IOA Corp 5K or other community organized event 5K or greater</p> <p>IOA Corp 5K 2024 – Information Coming Soon!1 IOA 2023Video Here Other Community Events: Track Shack Events Orlando Event Calendar</p>	Self-Reported	20	Max of 2
<p>Blood Donation</p> <p>Check out the Events Calendar for upcoming Blood Drives to a location near you! View Calendar Here</p>	Self-Reported	5	Max of 2
<p>Volunteer 8+ Hours for Non-Profit Organization</p> <p>8+ Hours for Non-Profit Organization Opportunities Here</p> <p>Email volunteer form or letter from the organization to Wellness@ocfl.net</p>	Self-Reported	5	Max of 2