Preventive medications are used to prevent conditions like high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

This document shows the most commonly prescribed preventive generic and brand name medications your plan covers as of January 1, 2019. The Preventive Drug List is regularly updated so it’s important to know that this is not a complete list of covered medications, and not all of the medications listed here may be covered by your specific plan.

Here’s some helpful information about this drug list:

› Medications are listed alphabetically by the condition they prevent.

› Brand name medications are capitalized and generic medications are lowercase.

› Some brand name preventive medications have a generic equivalent. For these medications, the generic will be listed in parenthesis next to the brand name.

› Some preventive medications are also considered “specialty” medications. Some plans may cover specialty medications on a specialty tier, may limit coverage to a 30-day supply and/or require you to use a preferred specialty pharmacy to receive coverage. Please log in to the myCigna® website or app, or check your plan materials, to learn more about how your plan covers specialty medications.

Some plans have specific coverage requirements for preventive medications.

For example, some plans may:

› Require you to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) to receive coverage for a preventive generic medication. Or,

› Cover preventive generic medications at 100%, or no cost ($0) to you.

You should log into the myCigna® website or app or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medication may cost.

Go generic and save

Your plan covers many preventive medications. You should ask your doctor if a lower-cost generic medication may be right for you. Generics have the same strength and active ingredients as brand name medications, but often cost much less – in some cases, up to 85% less.
**Preventive Drug List**

**Asthma related**
- Accolate
- Advair Diskus
- Advair HFA
- albuterol
- Anoro Ellipta
- Arcapta Neohaler
- Atrovent HFA
- Breo Ellipta
- Brovana
- budesonide
- caffeine citrate
- Combivent Respimat
- cromolyn
- fluticasone-salmeterol
- Incruse Ellipta
- ipratropium
- ipratropium-albuterol
- levalbuterol
- levalbuterol concentrate
- levalbuterol HFA
- Lonhala Magnair
- metaproterenol
- montelukast
- Perforomist
- ProAir HFA
- ProAir RespiClick
- Pulmicort
- Pulmicort Flexhaler
- QVAR RediHaler
- Serevent Diskus
- Singulair
- Spiriva
- Spiriva Respimat
- Stiolto Respimat
- Striverdi Respimat
- Symbicort
- terbutaline
- Theo-24
- Theochron
- theophylline
- Ventolin HFA
- Xolair
- Xopenex
- Xopenex Concentrate
- zafirlukast
- zileuton ER

**Blood pressure related**
- Accupril
- Accuretic
- acebutolol
- acetazolamide
- Adalat CC
- Afeditab CR
- Aldactazide
- Aldactone
- Altace
- amlodipine
- amlodipine-HCTZ
- amlodipine-benazepril
- amlodipine-olmesartan
- amlodipine-valsartan
- amlodipine-valsartan-HCTZ
- Atacand
- Atacand HCT
- atenolol
- atenolol-chlorthalidone
- Avalide
- Avapro
- Azor
- benazepril
- benazepril-HCTZ
- Benicar
- Benicar HCT
- Betapace AF
- betaxolol
- bisoprolol
- bisoprolol-HCTZ
- bumetanide
- Bystolic
- Byvalson
- Calan
- Calan SR
- candesartan
- candesartan-HCTZ
- captopril
- captopril-HCTZ
- Cardizem LA
- Cardura
- Cardura XL
- Carospir
- Cartia XT
- carvedilol
- carvedilol ER
- Catapres
- Catapres-TTS
- chlorothiazide
- chlorothalidone
- clonidine
- Coreg
- Coreg CR
- Corgard
- Corzide
- Cozaar
- Demadex
- Demser
- Dibenzyline
- diltiazem
- diltiazem 12hr ER
- diltiazem 24hr CD
- diltiazem 24hr ER
- diltiazem ER
- Dilt-XR
- Diovan
- Diovan HCT
- Diuril
- doxazosin
- Dutoprol
- Dyazide
- Dyrenium
- Edarbi
- Edarbyclor
- enalapril
- enalapril-HCTZ
- Epaned
- eplerenone
- eprosartan
- Exforge
- Exforge HCT
- felodipine ER
- fosinopril
- fosinopril-HCTZ
- furosemide
- guanfacine
- Hemangeol
- hydralazine
- hydrochlorothiazide
- Hyzaar
- indapamide
- Inderal LA
- Inderal XL
- Innopran XL
- Inspra
- irbesartan
- irbesartan-HCTZ
- isradipine
- Kapsargo Sprinkle
- labetalol
- Lasix
- lisinopril
- lisinopril-HCTZ
- Lopressor
- Lopressor HCT
- losartan
- losartan-HCTZ
- Lotensin
- Lotensin HCT
- Lotrel
- Matzim LA
- Maxzide
- Maxzide-25
- methazolamide
- methyclothiazide

*Brand name medications are capitalized and generic medications are lowercase.*
Blood pressure related
(continued)
methyldopa tablet
methyldopa-HCTZ
metolazone
metoprolol tablet
metoprolol ER-HCTZ
metoprolol-HCTZ
Micardis
Micardis HCT
Microzide
Minipress
minoxidil
moexipril
moexipril-HCTZ
nadolol
nadolol-bendroflumethiazide
Neptazane
nicardipine
nifedipine
nifedipine ER
nimodipine
nisoldipine
Norvasc
Nymalize
olmesartan
olmesartan-amlodipine-HCTZ
olmesartan-HCTZ
perindopril
phenoxymethylamine
pindolol
prazosin
Prestalia
Prinivil
Procardia
Procardia XL
propranolol
propranolol ER
propranolol-HCTZ
Qbrelis
quinapril
quinapril-HCTZ
ramipril
Sorine
sotalol
sotalol AF
Sotylize
spironolactone
spironolactone-HCTZ
Sular
Tarka
Tatzia XT
Tekturna
Tekturna HCT
telmisartan
telmisartan-amlodipine
telmisartan-HCTZ
Tenoretic
Tenormin
terasozin
Tiazac
timolol
Toprol XL
torsemide
trandolapril
trandolapril-verapamil ER
triamterene-HCTZ
Tribenzor
Twynsta
valsartan
valsartan-HCTZ
Vaseretic
Vasotec
Vecamyl
verapamil
verapamil ER
verapamil ER PM
verapamil SR
Verelan
Verelan PM
Zestoretic
Zestril
Ziac
Blood thinner related
Aggrenox
aspirin-dipyridamole ER
Brilinta
cilostazol
clopidogrel
Coumadin
dipyridamole
Durlaza
Effient
Eliquis
Jantoven
Plavix
Pradaxa
prasugrel
Savaysa
warfarin
Xarelto
Zontivity
Diabetes related
Please log in to the myCigna website or app, or check your plan materials, to learn more about how your plan covers diabetes-related preventive medications.
acarbose
Actoplus met
Actoplus met XR
Actos
alogliptin
alogliptin-metformin
alogliptin-pioglitazone
Amaryl
Avandia
Basaglar
Bydureon
Byetta
chlorpropamide
Cycloset
Duetact
Farxiga
glimepiride
Cholesterol related
Altoprev
amlodipine-atorvastatin
atorvastatin
Caduet
cholestyramine
cholestyramine Light
colesevelam
Colestid
colestipol
Crestor
ezetimibe-simvastatin
fenofibrate
fenofibric acid
Fibrinor
fluvastatin ER
fluvastatin
gemfibrozil
Lescol
Lescol XL
Lipofen
Lopid
Lovaza
niacin ER
Niacor
Niaspan
omega-3 ethyl esters
Pravachol
pravastatin
Prevalite
Questran
Questran Light
rosuvastatin
simvastatin
Tricor
Triglide
Trilix
Trilipix
Vascepa
Vytoris
Welchol
Zetia
Zocor
Brand name medications are capitalized and generic medications are lowercase
Diabetes related
(glipizide
glipizide ER
glipizide XR
glipizide-metformin
Glucophage
Glucophage XR
Glucotrol
Glucotrol XL
Glucovance
glyburide
glyburide micronized
glyburide-metformin
Glynase
Glyset
Glyxambi
Humalog
Humulin
Janumet
Janumet XR
Januvia
Jardiance
Kombiglyze XR
Levemir
metformin
metformin ER
miglitol
nateglinide
Onglyza
Ozempic
pioglitazone
pioglitazone-glimepiride
pioglitazone-metformin
Prandin
Precose
QTERN
repaglinide
repaglinide-metformin
Riomet
Soliqua
Starlix
SymlinPen
Synjardy
Synjardy XR
tolazamide
tolbutamide
Toujeo SoloStar
Tresiba
Trulicity
Victoza
Xigduo XR
Xultophy

Osteoporosis related
Actonel
alendronate
Atelvia
Binosto
Boniva
calcitonin-salmon
etidronate
Evista
Forteo
Fosamax
Fosamax Plus D
ibandronate
Miacalcin
raloxifene
risedronate
risedronate DR
Tymlos

Prenatal vitamins
Your plan considers all prescription strength prenatal vitamins to be “preventive.”
Please check your drug list to see which tier your plan covers prenatal vitamins on.

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