## CORONAVIRUS (COVID-19)

## The Best Line of Defense against Viruses and Bacteria!

## **9WASHFOR** 20 SECONDS

## PROTECT YOURSELF AND OTHERS AGAINST INFECTIONS



**WET HANDS** 



**APPLY SOAP** 



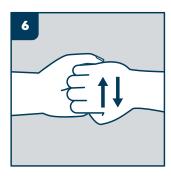
RUB HANDS PALM TO PALM



LATHER THE BACKS OF YOUR HANDS



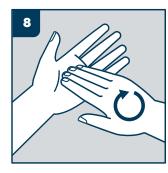
SCRUB BETWEEN YOUR FINGERS



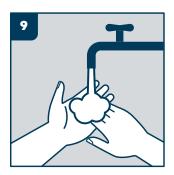
GRAB THE BACKS OF FINGERS ON THE OPPOSING PALMS



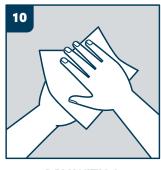
**CLEAN THUMBS** 



WASH FINGERNAILS AND FINGERTIPS



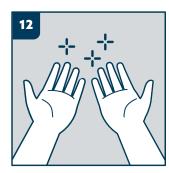
**RINSE HANDS** 



DRY WITH A SINGLE USE TOWEL



USE THE TOWEL TO TURN OFF THE FAUCET



YOUR HANDS ARE CLEAN

